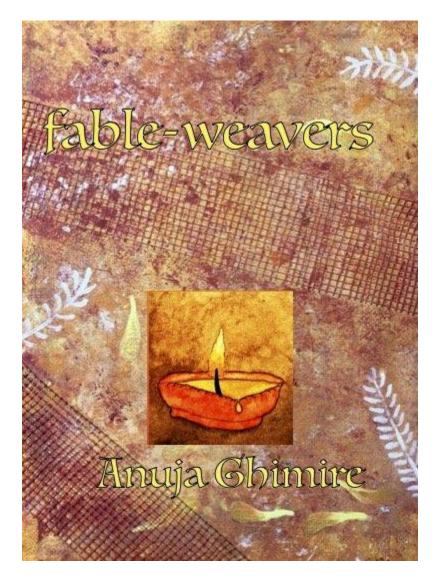


## The Great Nepali Diaspora Holiday Gift Guide

Welcome to the Great Nepali Diaspora's Holiday Gift Guide!

As a global community of Nepali professionals, businesspeople and artists, we want to support and highlight some key Nepali businesses during this Holiday Season. In this gift guide, we have carefully selected Nepali products that embody the richness of Nepali craft and the warmth of our cultural values, making them the perfect, enriching gifts for your loved ones.

1. Fable Weavers and Kathmandu, Poetry Collection by Anuja Ghimire



Anuja Ghimire is a Nepali poet based in the USA. Her poetry collection titled Kathmandu is described as a reflection of an immigrant mother raising her children in America. "Memories of the poet's home, Kathmandu, creep into every moment as she attempts to find a place in her new world." Her poetry deals with themes of political violence, of finding

lifelines in foreign tongues, of love and hope, all the while redefining what a home can mean to us.

Gift your loved ones across the diaspora a shared sense of home with poet Anuja Ghimire's words, which are melodious and alive with Nepali memories.

Shop Fabel Weavers \$10 (only 75 copies remaining)

Shop Kathmandu \$16

2. Organic Himalayan Teas by Nepal Tea Collective



<u>Nepal Tea Collective</u> brings you the freshest, farm to cup, organic Himalayan teas. Their loose-leaf, specialty teas arrive directly from partner farms in Nepal's Eastern tea capital. With international award-winning teas in their repertoire, Nepal Tea Collective is driven by the mission of taking the best of true Nepali teas to the world, while uplifting the farmers and tea artisans who make the teas.

Nepal Tea Collective offers a rich, rare and delicious range of tea flavors, enriched by the mineral-rich Nepali soil and the unique micro-climate of Ilam. Their black teas are bright and floral, green teas savory with rich marine notes, and white teas creamy with notes of butter cream and vanilla. They also offer traditional herb and spice blends with classics like the Nepali Breakfast blend, Kathmandu Cosmos blend, and their herbal Camomile Ginger and Golden Milk blend.

Nepal Tea Collective's Holiday Sampler Gift Box offers 14 of their most popular and premium teas for your loved ones to try this Holiday Season, making it a perfect gift for those looking to try a variety of authentic Himalayan flavors from Nepal's Tea Mountains!

Shop the Holiday Sampler Gift Box \$20.80 (Save 20%)

3. Makkuse's Authentic Nepali Desserts: Pustakari, Gundpak and Gundpak filled cookies



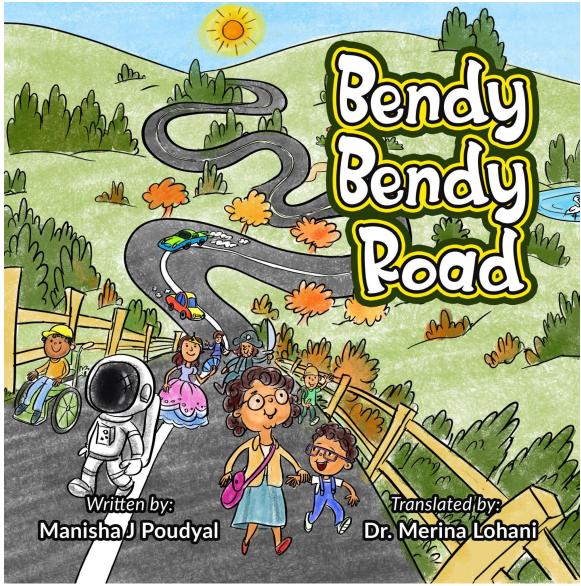
<u>Makkusé</u> brings you an authentic taste from Nepal, adding an innovative touch to recipes passed down through generations. Makkusé translates to scrumptious and delicious from Newa Language, the language of Nepal's Newa community, from whom Makkuse's recipes originate.

The main ingredient of Makkuse's rich, mouthwatering desserts is the traditional *khuwa*, which is fresh, thickened milk. When expertly roasted, *khuwa* turns into an aromatic and luxurious treat that is known to Kathmandu residents as Gundpak (creamy roasted *khuwa*).

In Kathmandu, the aroma of roasted *khuwa* used to waft through our vibrant alleyways. In the past few decades, this beautiful tradition of making fresh Gundpak and Pustakari (rich Nepali candy) have sadly declined. Makkusé aims to revive these lost recipes and make the Nepali richness well known across the globe whilst meeting the expectations of customers. Their materials are locally sourced, and their fresh *khuwa* arrives daily from the traditional *khuwa* making mountains of Kavre, nearby Kathmandu.

Shop Makkusé Christmas Box \$33.72

4. Children's Books by Manisha Poudyal



We wrap up our gift guide with another amazing book recommendation, but this time for all our little friends out there!

If you're looking for the perfect gifts for your little ones this Holiday Season, we have amazing book recommendations from Nepali author <u>Manisha Poudyal</u>, who is based in Australia. Her book, Bendy Bendy Road, is available in both English and Nepali, and is a playful and imaginative story that also nurtures a love for reading in Nepali.

## Bendy Bendy Road

<u>Bendy-Bendy Road</u> is a story of a young child who sees a Bendy-Bendy Road next to Grandma's new house. Curiosity and imagination take over, sparking an adventure that will take him on a journey of a lifetime. This bilingual children's book in English and Nepali will take your little ones on a thrilling journey and keep them guessing about what could be at the end of the BENDY-BENDY ROAD until the very end. Age: 3-7

## Forgetful Freddie:

Forgetful Freddie is a hilarious tale about a boy who is aware of his flaws but not ashamed; he just forgets! If your child is starting to understand and accept their own quirks and differences, then this book is perfect for them. Just like Freddie, they will learn that it is perfectly fine to be imperfect. Age: 3-7

## One Last Time:

<u>One Last Time</u> is about a young boy facing the daunting prospect of leaving everything behind because his HOME is no longer safe. This beautifully illustrated picture book captures the essence of love, loss, hope, and the resilience of the human spirit. Age: 6-8